



March 12, 2020

## INFORMATION FROM GMC HEALTH SERVICES

Baldwin County Health Department,

As Spring Break approaches, we at GMC are taking a proactive approach to prevent spread of the COVID19 coronavirus. We are teaching students as they prepare to travel to be aware of their surroundings and stay tuned in to the developments in the regions to which they will be traveling. We are teaching that the most important thing they can do to protect themselves from any virus, including the newest strain of coronavirus (COVID19) is practicing **good handwashing, contain all coughs by coughing into your elbow, avoid touching the eyes, nose, and mouth with unwashed hands, avoid close contact with people who are sick, stay home when you are sick, and clean and disinfect frequently touched objects and surfaces.**

We have recently implemented increased cleaning schedules throughout our campus, and are placing hand sanitizers in each room and mandating they be used as students enter the room. Our Health Services clinic is screening all students for symptoms as they sign in, to quickly identify those who may present with symptoms of COVID19 and allow us to quickly isolate and assess them.

We are following the CDC recommendations for travelers returning to the United States from any Level 3 country, by instructing those students to undergo a 14-day quarantine period. GMC is advising travelers to check the CDC website for the latest threat level rating for their destination and plan accordingly. We are also asking that all students who live on campus housing to notify us of travel plans before they leave for Spring Break.

We are advising our students to follow our GMC coronavirus information website, for the most up to date information, which can be viewed at <https://www.gmc.edu/current-students/coronavirus-info.cms>.

We are advising all students to be diligent with taking preventative measures. Our campus is committed to keeping our students healthy while we continue daily operations.

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