

Learning Styles

There are seven different learning styles that students can identify with and it is important that all students discover a way of learning that is right for them. There is not a right or wrong way to learn and it is up to the student to choose which learning style best fits him/her.

The Seven Major Learning Styles

- **Visual-** a learning style in which a student uses pictures or images to retain information.
- **Aural-** a learning style in which a student prefers to be taught through listening.
- **Verbal-** a learning style in which a student uses words, such as in writing or in speech, to recall and retain information.
- **Physical-** a learning style in which a student is taught through interacting through their hands or bodies.
- **Logical-** a learning style in which a student uses their ability to reason, problem solve, and use logic when approaching a task or learning new information.

- **Social-** a learning style in which a student prefers to be in a group or work with others in order to complete a task or retaining information.
- **Solitary-** a learning style in which a student prefers to work more independently and are able to teach themselves new material.