

## Gwynedd-Mercy College Medical History Form

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Year of Study FR SO JR SR Grad Sport (Student-Athletes only) \_\_\_\_\_

Home Address \_\_\_\_\_ Home Phone # \_\_\_\_\_

Residence Hall \_\_\_\_\_ RM # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Family Physician \_\_\_\_\_ Physician Phone # \_\_\_\_\_

### Emergency Contact

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone (H) \_\_\_\_\_ (W or C) \_\_\_\_\_

### Personal History

1. Current Illness/Injury	Y	N	10. Frequent or Severe Headaches	Y	N	
2. Hospitalized/Surgery	Y	N	11. Numbness or Tingling in your arms, legs, hands, or feet	Y	N	
3. Allergies	Y	N	12. Stinger, Burner, or Pinched Nerve	Y	N	
4. Have you had a severe viral infection (ex. Mononucleosis, myocarditis) within the last month?	Y	N	13. Skin Problems (ex. Acne, fungi, warts, rash, itching, blisters)	Y	N	
5. Asthma/Bronchitis	Y	N	14. Experience during or after exercise: Tire more quickly than your friends    Y    N Dizziness    Y    N Chest Pain    Y    N "Racing Heart"/Skipped Beats            Y    N Coughing/Wheezing/Diff. Breathing    Y    N			
<i>Specify:</i> _____						
6. High Blood Pressure	Y	N		15. Have you ever become ill from exercising in the heat?	Y	N
Heart Murmur	Y	N				
High Cholesterol	Y	N				
7. Previous Illness/Injury	Y	N	16. Do you feel stressed out?	Y	N	
			Have you ever felt depressed?	Y	N	
			Have you ever sought help for depression?	Y	N	
8. Head Injury	Y	N	17. Vision Problems/Corrective Lenses	Y	N	
Dates _____			Please circle:			
Loss of Consciousness	Y	N	Contacts    Glasses    Both			
Loss of Memory	Y	N				
9. Seizures/Epilepsy	Y	N	18. <b><u>Females Only:</u></b>			
<i>Date of Last Episode</i> _____			Date of 1 <sup>st</sup> Menstrual Period _____			
			Date of Most Recent Period _____			
			Ave. time between Periods _____			
			Number of Periods per Year _____			
			Longest time between Periods this year _____			

Please specify to any items answered "YES":

\_\_\_\_\_

### Family History

Has anyone in your immediate family (parents, siblings, grandparents) had any of the following:

Heart Disease	Y	N	Diabetes	Y	N
High Blood Pressure	Y	N	Cancer	Y	N
Stroke	Y	N	Tuberculosis	Y	N
Sudden Death (before age 50)	Y	N	Asthma	Y	N
Epilepsy	Y	N	Gout	Y	N
Migraine Headaches	Y	N	Marfan's Syndrome (Heart)	Y	N
Eating Disorder	Y	N	Sickle Cell Anemia	Y	N

Please specify to any items answered "YES":

\_\_\_\_\_

Medications/Supplements – Please list any medications or supplements (ex. Creatine, Metabolife) you are currently taking

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Record the dates of your most recent immunizations (It may be necessary to contact your primary care physician to obtain accurate dates for each vaccination):

** Required prior to Beginning of Classes **	1st	2nd	3rd	4th	5th
<b>Measles, Mumps, Rubella (MMR)</b> - Must have 2 injections, both after 1st birthday & at least 30 days apart					
<b>Polio</b> - Minimum of 3 doses for all students 18 and under					
<b>Tetanus/Diphtheria (DPT)</b> - 3 or more doses required					
<b>DPT/DTaP/Td</b> - tetanus booster <b>must be within last 10 years</b>					
<b>Hepatitis B</b> - series of 3					
<b>Varicella (chicken pox)</b> - Date of disease <b>OR</b> If no history of disease, 2 doses required after age 13					

**Tuberculosis Screening – (ALL students are required to show freedom from Tuberculosis within the past 12 months)**

1. Tuberculin skin test:

Date given: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Date read: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Result \_\_\_\_\_ (Record actual mm of induration, transverse diameter; if no duration, write “0”)

Interpretation (based on mm of induration as well as risk factors): positive \_\_\_\_\_ negative \_\_\_\_\_

2. Chest X-Ray (required if tuberculin skin test is positive) result: normal \_\_\_\_\_ abnormal \_\_\_\_\_

Date of chest X-Ray: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Meningitis**

Vaccine and Booster are required of all Gwynedd Mercy Housing students

Date of vaccination:

Menomune \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Menactra \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Booster \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Meningitis Information Response – Required of all resident students (**Check either #1 or #2**)

1. \_\_\_\_\_ I have had the meningococcal meningitis immunization.
2. \_\_\_\_\_ I have read, or have had explained to me, the information regarding meningococcal meningitis disease. I understand the risks of not receiving the vaccine and have decided that I will **NOT** obtain immunization against meningococcal meningitis disease.

Signature of Student Required: \_\_\_\_\_  
 (Or Parent/Guardian if student is under age 18)

Clinician’s initials that information above is correct \_\_\_\_\_

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Guardian (if under 18) \_\_\_\_\_ Date \_\_\_\_\_

**Gwynedd-Mercy College Physical Exam**  
**Medical Evaluation**

Name: \_\_\_\_\_

**Vital Signs:**

Ht. \_\_\_\_\_ Wt. \_\_\_\_\_ BP: \_\_\_\_\_ Pulse: \_\_\_\_\_

**Vision:** Right: 20/\_\_\_\_ Left: 20/\_\_\_\_ Corrected: Y N Pupils: Equal Unequal

**Medical Findings**

**Appearance** Normal Abnormal *Comment:* \_\_\_\_\_

**Eyes/Ears/Nose** Normal Abnormal *Comment:* \_\_\_\_\_

**Lymph Nodes** Normal Abnormal *Comment:* \_\_\_\_\_

**Pulses** Normal Abnormal *Comment:* \_\_\_\_\_

**Heart/Lungs** Normal Abnormal *Comment:* \_\_\_\_\_

**Abdomen** Normal Abnormal *Comment:* \_\_\_\_\_

**Genitalia (Males)** Normal Abnormal *Comment:* \_\_\_\_\_

**Skin** Normal Abnormal *Comment:* \_\_\_\_\_

**Clearance Level:**

Cleared Not Cleared (Reason) \_\_\_\_\_

Cleared after Evaluation/Rehabilitation for the following:

**Recommendations/Limitations:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Physician's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**I hereby give permission to the Student Health Center practitioners or to a physician of their choice, to prescribe necessary medication and/or perform treatments or operations necessary in the best interest of my health. Moreover, I understand that it is the policy of the Gwynedd Mercy Healthcare community to notify my parents or guardians of any serious illness or injury.**

\_\_\_\_\_  
Signature of Student Date

\_\_\_\_\_  
Signature of Parent/Guardian Date  
(if student is a minor)

**Gwynedd-Mercy College Physical Exam**  
**Musculoskeletal Evaluation**

Name: \_\_\_\_\_

**Musculoskeletal Findings**

<b>Neck/Back</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Rt. Shoulder/Arm</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Lt. Shoulder/Arm</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Rt. Elbow/Forearm</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Lt. Elbow/Forearm</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Rt. Wrist/Hand</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Lt. Wrist/Hand</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Rt. Hip/Thigh</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Lt. Hip/Thigh</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Rt. Knee</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Lt. Knee</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Rt. Foot/Ankle</b>	Normal    Abnormal	<i>Comments:</i> _____
<b>Lt. Foot/Ankle</b>	Normal    Abnormal	<i>Comments:</i> _____

**Clearance Level:**

**Cleared**            **Not Cleared (Reason):** \_\_\_\_\_

**Cleared after Evaluation/Rehabilitation for the following:**

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**Recommendations/Limitations:**

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**Physician's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



*Gwynedd-Mercy College Athletic Training/Sports Medicine*

**Gwynedd-Mercy College**  
**Insurance Information Verification Form**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sport (Student-Athletes only): \_\_\_\_\_

SSN: \_\_\_\_\_ Year: Fr So Jr Sr Grad

Parent/Guardian Name(s): \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
\_\_\_\_\_ Work Phone: \_\_\_\_\_

Insurance Company Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

ID/Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

Member Services Phone: \_\_\_\_\_

Effective Date of Policy: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Policy Lifetime Max. Limit: \_\_\_\_\_

Policy Deductible: \_\_\_\_\_ Policy Co-Pay: \_\_\_\_\_

Primary Physician: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Office Phone: \_\_\_\_\_ Office Fax: \_\_\_\_\_

Does your policy cover athletically related injuries? **YES** **NO**

Does your policy require a second opinion before surgery? **YES** **NO**

Does your policy require a referral from your primary physician? **YES** **NO**

**ALL FORMS MUST BE COMPLETED AND RETURNED BY AUGUST 1, 2011.**