



## **Alecia Schaeffer**

B.S. in Psychology and Sociology

Graduate: December 2011

Internship at ProJeCt of Easton

### **Why did you choose to do this experience?**

I chose to do my internship at ProJeCt of Easton because I wanted to be helping people. I worked with people who were unemployed and needed assistance. I helped people with applying for assistance with their rent, improving their resumes and finding a job.

### **What are the benefits of doing this experience?**

One of the benefits of this internship was seeing the other side of an issue. Many people think that people on unemployment are just getting a free ride and are not trying to help themselves. However, I saw first-hand what the recession has done to people. I saw people who are trying to succeed and find another job, feed their children, and some who refused to go on welfare.

### **Describe any exciting project or responsibility you've worked on during your experience?**

As a case manager intern I was able to help organize workshops to educate the community on a number of different things. There were free workshops and speakers who presented on the recession (CPR classes, job readiness, communication and assertiveness and computer classes). I promoted them and got people to attend. My last week there I was able to run a workshop independently.

### **What advice would you give to other students who may be considering a similar experience?**

My only advice would be to go and find an internship. It is ok if you are not sure exactly what you want to do. You can try anything you are interested in. It is a great learning experience and it builds your resume, making you stand out from the competition.