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Social Media:
- facebook.com/gmccolumbus
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Fun Health Facts by Kim Joseph

- Your nose can remember more than 50,000 scents
- You are taller in the morning than you are in the evening
- The average person produces enough saliva in their lifetime to fill up two swimming pools
- The fastest growing nail is on the middle finger
- Earwax production is necessary for good ear health
- After eating too much, your hearing is less sharp
- The colder the room you sleep in, the better the chances are that you’ll have a bad dream
- Your body gives off enough heat in 30 minutes to bring half a gallon of water to a boil

Honor Council Case Results

DURING JULY
HONOR COUNCIL HEARD ZERO CASES

Honor Code: I will not lie, cheat, or steal, nor tolerate those who do.
Picasso Pizza

Being a self-proclaimed expert pizza connoisseur I have found myself preferring the tastes of local pizza eateries over larger franchise establishments. Traveling the world over I have made it a personal goal to find the gem of each city in the form of this triangled delicacy. This weekend I found myself at Picasso Pizza located in the heart of Downtown Columbus. The pulse of the city seems to flow through this tiny restaurant on Broadway. The music from various bars and taverns can be subtly heard on the outside deck of where I was sitting. Across the street; displays from local artists and painters give a larger city feel to our humble home. The aroma of this restaurant told me I was in for a treat. I was greeted warmly by all members of the staff; a true definition of southern hospitality, and offered a seat and a menu. Little did they know I already knew what I planned on ordering. ::INSIDER SECRET:: As a pizza connoisseur (self-proclaimed) I make it a habit to order my pizza plain/cheese when determining if I like a particular establishment. Many pizzerias will hide imperfections with an overwhelming amount of toppings and fool the casual eater. My foolishness isn’t casual. ::SHHH::. Each slice is made to order fresh and from scratch. The few moments it takes to receive your small slice of heaven gives ample time to take in the ambience of the city. That being said the pizza lived up to the artistic name of Picasso. An amalgam of northern thin crust with southern softness style—this pizza WOWED with every bite. The cheese-to-sauce ratio is simply perfect and neither overpowers the other. The cheese is melted just right; the proper amount of “gooeyness” without becoming bubblegum while the sauce has a garden-fresh taste about it. As you slowly slip into a joyous food coma you will find yourself wondering how to end the final steps of this taste bud altering experience. Pizza enthusiasts constantly debate over whether the crust is important enough to be eaten or not. The arguments can be as intense as intellects arguing over Star Wars and Star Trek. Ladies and gentlemen I thoroughly recommend you devour the garlic-buttered crust that could be a meal in its own right. You will find yourself trying to sneak a lick of your fingertips as to not embarrass yourself in front of any company you may be in. Feel free to channel your inner Neanderthal and enjoy every drop and morsel of this pizza; nobody will judge you. Like a good movie, a slice of Picasso Pizza is filling and simultaneously leaves you wanting more. When a restaurant appeases all 5 of your senses it deserves nothing less than 5 stars out of 5 stars.

September Quote
By Evelyn Calderon

“Life is a series of natural and spontaneous changes. Don’t resist them—that only creates sorrow. Let reality be reality. Let things flow naturally forward in whatever way they like.” - Lao Tzu

Words for success: Pray, Positive attitude, smile, and believe you can.

Community Service Update
By Autumn Scott

Hey guys! If you have any ideas for community service please contact me at ascott0811@student.gmc.cc.ga.us. We want to plan a big event and get everyone to join in!